

ISSUE 2
25/10/17



University Park

Primary School

Our vision:

At University Park PS, we work collaboratively to ensure every individual learns to their full potential and is a respectful and responsible member of the community.

Our Values:

Respect

Responsibility

Learning

Honesty

Collaboration

Our School Improvement Goals:

Student Achievement:

To ensure that the annual learning growth for every student in literacy and numeracy is greater than one year.

Student Engagement:

To improve engagement by building student voice in their learning.

Student Well-being:

To enhance support for every student to thrive in a safe and stimulating learning environment.

Dear Parents/Guardians,

I begin this Newsletter by informing you that our final **Curriculum Day** for the year is taking place on **Monday, 6th November**. Please ensure that students do not attend school on this day.

UPPS Update

Are you an UPPS Parent/Guardian who has a current Working With Children's Check? Would you like to learn strategies to enhance student learning in the Early Years with a focus on Literacy?

We are looking for Volunteers we can upskill to assist students (and staff) in the classroom. No qualifications are necessary – all you need is a love of learning and availability. If you would like to know more, please contact Kathy at the school office to express your interest in this new UPPS initiative.

Positive Psychology for Parents

Why do we begin each Assembly with '3 Good Things'?

Evidence has shown that you can increase your long term happiness by 10% by practising this simple five minute exercise. If completed daily: you can be 2% happier than before, within one week; 5% after one month; and up to 9% after six months. At UPPS, we model this practice at every Assembly and we also teach the children the benefits of this exercise in Health Education classes each term. Individuals spend tens of thousands of dollars on expensive electronics, homes, automobiles and vacations hoping for a 10% boost. *There is a free alternative, and it works.*

Here's the exercise: *Write down 3 things that went well each day and their causes every night for one week. In addition, provide a causal explanation for each good thing.*

If you do not want to write this information down, perhaps you can mention your '3 Good Things' while eating at the dinner table. Each family member shares their '3 Good Things' as you eat a meal together. It's that simple. :-)

Upcoming events

Parents and Friends Fundraiser for the end of year.

The P&F are putting together a series of Celebration Hampers to raffle at the end of this year, presenting hamper prizes at our final Assembly. Each hamper is themed and donations are being requested to support this worthy cause. Themes are as follows:

Summer/Beach/Picnic

Cooking/Recipes

Arts/Crafts/Stationary

Indoor Games

Movie Nights

If you have any new items that suit the above criteria, please leave them with Kathy at the school office.

The P&F will place all items in relevant hampers. Funds raised are being contributed to our student programs for 2018.

Regards

Louise Dingley

Acting Principal

IMPORTANT UPCOMING DATES:

SCHOOL BANKING DAY IS EVERY TUESDAY

Friday, 27th October: Sausage Sizzle @ UPPS (Canteen Closed)

Monday, 30th October: Assembly at 9am in Building 3

Tuesday, 31st October: Halloween Dress-Up Day—JSC Fundraiser

Tuesday, 31st October: Prep 2018 Orientation - Day 1: Session 1 at 2:15pm

Friday, 3rd November: Prep 2018 Orientation - Day 2: Session 2 at 10am

Monday, 6th November: Curriculum Day (**Pupil Free Day**)

Tuesday, 7th November: Melbourne Cup Day (**Public Holiday**)

UNIFORMS: Please be advised School Uniform Shop is open on Tuesdays from 8:45am—9:15am



University Park Primary School Movie Night

Friday, 17th November, 6-8pm. Dress in your PJ's, BYO cushion/beanbag.

\$6 per child, includes popcorn, lolly bag & drink

Hot Dogs available for \$3 (\$3.50 Halal) from 5:15pm

Parents must stay, if non-school aged siblings are attending.

This is a Parents & Friends fundraiser for school facilities and programs.

Sausage Sizzle @ UPPS

Friday, October 27th at Lunchtime (Canteen will be closed)

Orders must be in by today, Wednesday, October 25th

Please ensure you have completed and returned your order form.



Sunsmart Policy

The UPPS Policies and Procedures Sub-Committee of the School Council developed our Sunsmart Policy in 2015. The Policy is available to view on the School's Website. The information and expectations formulated are based on guidelines from the Cancer Council and the Department of Education and Training (DET). As a result of these guidelines, **students are required to wear their school hats from the 1st of September**, rather than from the beginning of Term 4, and **whenever UV levels reach 3 and above***, until the end of April. During these times, the 'No Hat, No Play' rule will apply and additional sun protection measures will be promoted via the school Newsletter, Website and Assemblies. As a result, parents are encouraged to be vigilant by checking the UV Index and responding accordingly to promote safe sun practices. This information can be found on the following site: <http://www.bom.gov.au/vic/uv/melbourne.shtml>
Please ensure that your child and/or children have access to their own school hat to allow their full participation in the playground during break times.



Learn to Swim and Water Safety Lessons!

Exciting news! Our Swimming and Water Safety Program will commence this term, for students in Prep, Grade 1 and Grade 2.

The program will run over five days during Week 6, beginning Monday, 13th of November, and concluding Friday, 17th of November. Each lesson includes 45 minutes of learning to swim (strokes) and 45 minutes of water safety. Therefore, each day, students will be in the water for 90 minutes. Students will be assessed and placed in groups based on their ability, instructors will teach students according to this assessment. This intensive 'Learn to Swim' program forms part of the school's Physical Education curriculum, **all students are expected to attend these lessons**. This experience teaches your child important lifelong skills of swimming. All swimming lessons will be conducted by professional instructors from the Sunshine Leisure Centre. Students will be supervised by UPPS Teaching and Support Staff. **The total cost for each child attending is \$95.00. This must be paid in full by Friday, 3rd of November.** If you have any questions or concerns regarding payment, please do not hesitate to contact the School Office. Please note, swimming funding from the DET is not currently linked with Early Years students.

Regards,
Miss Elshaar
Physical Education